

massage matters

AMTA CONNECTICUT CHAPTER NEWSLETTER

SPRING 2012

President's Message



"Most of us try to avoid hills but what's so good about flat? Think about it: flat tires, flat hair, flat returns and ~the ultimate~ flat-lining. Hills are opportunities to prove yourself that you're stronger than you ever imagined. If you never attempt the ascent, you'll never know the thrill of swooshing down the other side."

When this quote was sent to me, I saved it for this letter. This is the end of my final term as your President, and it has been quite a hill. But it is not over yet!

We have a lot of great happenings in our chapter going on right now and you will read all about them in this newsletter, and you will see them on our new website that will be officially unveiled at our Annual Meeting. The Government Relations team has been VERY active this session. We have had meetings with the Department of Public Health, Attorney General George Jepsen, and with various Representatives throughout the state in regards to human trafficking and individuals obtaining licenses illegally in the state. I have been accompanied by our government relations chair Lee Stang, LOT coordinator Lisa Torre, lobbyist Judy Yost, and Representative Linda Orange. We are

currently working on a draft bill that would hold the employers of unlicensed therapists equally as responsible as the individuals themselves. It would also address the issues around individuals obtaining licenses illegally from the state of Connecticut. We are trying to have the bill contain the eastern styles of "Shiatsu", "acupressure", and 'Thai Massage', to protect the public from unlicensed individuals from using that language as a loop hole.

I would like to thank the entire Board of Directors from the past 4 years. I have learned so much from them and they have ALWAYS had my back, even when others may not have. I have made quite a few stumbles along the way. They have worked with me, been patient with me, and have never taken any of my actions personally. They have picked me up whenever I have stumbled. The "Marilyns" have been incredibly patient with me as I have missed just about every deadline possible. They now give me an earlier one just so I can get the information to them on time!

I would also like to thank you....the members of our chapter. Even though I have not met everyone, it is because of each and every one of you that our chapter is as successful as it is. I just got back from National office this week and I was told repeatedly how wonderful Connecticut is as a chapter. It is always brought back to the member of the organization. Every board member is first and foremost a member just like everyone else. We as a chapter love this profession, and everyone in it. It shows at our meetings, events, and whenever we travel. It has been an honor to serve as your president for the past four years. I will always be around the corner and I am looking forward to what happens at our next Annual Chapter meeting.

ॐmetta

Scott

chapter elections

It's time for Chapter Elections!

The board positions that are available in April 2012, along with the job descriptions, are listed below:

These are two year positions.

President: The Chapter President sets the direction and pace of the Chapter's activities based on the vision that has been determined by the Chapter membership, Chapter Board of Directors, and other Chapter Officers. The Chapter President serves as a leader, planner, mentor, mediator, and facilitator. In addition to being a Professional member in good standing and signing the Volunteer Code of Conduct, Connecticut requires that she/he must meet one or more of the following requirements:

- Completed one term year as a Chapter Board member within the last three years.
- Completed one term year as a Chapter committee chair within the last two years.
- Completed one term year as a National Standing Committee Chair or National Board member within the last two years.

Time Commitment: The time commitment is approximately 5 - 15 hours per week, depending on Chapter activities. The time commitment may be higher before and/or during certain National or chapter events or activities.

Authority: The authority of the Chapter President is conferred by the Chapter membership through election, as the highest-ranking elected officer in the Chapter, and as specified in the National AMTA Bylaws, Policy, and Chapter Standing Rules.

Accountability: The Chapter President is accountable to the Membership by virtue of election and to the Chapter Board, the Chapter membership and the AMTA National Board through reporting activities. The Chapter President agrees to uphold and abide by National AMTA Bylaws, Policy, Job Description, Chapter Volunteer Code of Conduct, and Chapter Standing Rules (if applicable), and Financial Policies & Procedures.

2nd Vice President: The Chapter Vice President will assist the Chapter President in achieving Chapter goals and effecting policies and/or decisions made by the Chapter Board of Directors. In Connecticut, the 2nd VP is responsible for communication within the chapter.

This includes working with the Chapter newsletter, website, and Facebook page volunteers.

Eligibility: Candidate must be a Professional member in good standing and sign the Volunteer Code of Conduct.

Time Commitment: The time commitment averages approximately 5 - 8 hours per week, depending on Chapter activities. The time commitment may be higher before and/or during certain Chapter events or actions.

Secretary: The Chapter Secretary is the official keeper of the Chapter records and is responsible for maintaining and updating Chapter records during her/his term of office.

Eligibility: Candidate must be a Professional member in good standing and sign the Volunteer Code of Conduct.

Time Commitment: The time commitment is approximately 2 - 4 hours per week, depending on Chapter activities.

These are one year positions.

Membership Director: Obtain and maintain the current membership list from National AMTA. Keep the AMTA CT Board of Directors and Ambassador Chair apprised of the membership list in a timely fashion including numbers of new members and dropped members. This position is also responsible for building our membership. They can do this by developing a membership committee that does presentations to various schools in the state, contacts new members to encourage their participation as well as contacting dropped members to encourage further association with the Chapter. This is a position that can be fun and creative. It can give someone the great opportunity of meeting new people and developing new and innovative programs with the assistance of the Board of Directors and other committee members.

Sports Director: In general, the Sports Director is responsible for the coordination of all aspects of the CT Sports Massage Team. This includes, confirming dates, times and coordinators for ongoing team events.

This individual seeks out additional events that would give Team Members experience with national, international, professional and amateur athletes. They must work with the Board of Directors to constantly fine tune the operating standards for the Team, including

qualifications of members, maintaining sports team boxes, statistics and publicity.

The Sports Team Director can be a co-directorship, and of course they must keep up the tradition of having a Team Banquet at the end of the season!

Education Director: In general this position is responsible for organizing all aspects of continuing education for the chapter membership. This includes researching, contacting, negotiating with and working out logistics of workshops to meet the CE Hour requirements of the AMTA. They work closely with the Treasurer to secure contracts with presenters. They are also responsible for the documentation of all workshops including CE certificates; sign in sheets, evaluation

forms, and equipment. The Education Director is really responsible for a tremendous part of the outreach program to our members. This position researches current trends, listens to members on what they want to learn and then puts great programs together. They work with the 2nd Vice President and the Communications Committee to ensure appropriate publicity for the workshops. The CT Chapter has a great reputation for excellent CEU programs.

Please send your completed application, optional resume, and a signed code of conduct to COC@amtactchapter.org no later than April 16th, 2012. They will not be accepted after this date and nominations will be taken from the floor.

2012 Delegate Elections Are Here....

Delegate elections are here and there are plenty of changes!!

Eligibility: Delegates now have a limit of three consecutive terms. Per AMTA Bylaws, term limits are cumulative. All delegates must be a Professional member in good standing, must be a member of the chapter whose members they represent, must sign the AMTA Delegate Code of Conduct, and shall not be an AMTA National Board member.

Eligible delegates elected during our 2012 annual meeting will serve a two-year term.

All delegates begin serving at the same time as newly elected chapter officers. Our chapter has 5 delegates, last year we elected three delegate positions to a two-year term and elect two delegate positions to a one-year term. This year, we will elect two delegates to a two year term. If you run for delegate, and you are not in the top two, you automatically become an alternate for a two year term.

Call for nominations from the floor: We will ask each candidate if they are willing to accept the nomination from the floor. This will ONLY occur if we do not have at least two delegates running. Once nominations are closed, and delegates have signed the delegate Code of Conduct, we will call each candidate up alphabetically to deliver a 2-minute speech if they desire.

We will distribute ballots with the names of all of those nominated. Tellers committee (use the same Teller's committee from officer elections) is to count votes and provide the results to the Chapter President.

The delegate with the highest number of votes fills delegate number 1 slot; the delegate with the 2nd highest number of votes fills the 2nd slot, and all other candidates fill the roles of alternates in order based on most votes received.

Everyone who is eligible will become either a delegate or an alternate. The Connecticut Chapter sends our 5 delegates and top 5 alternates to the National Convention of the years that they have been elected. Alternates will hold a two-year term. If an alternate is called upon to replace a delegate they will complete the term of the delegate that they are replacing. For instance, if a delegate that has been elected in 2011 resigns, the next 2011 alternate in line will replace that delegate and complete the balance of their 2-year term. If a delegate that has been elected in 2012 resigns, the alternate from 2012 will replace that delegate and complete the balance of their term. If an alternate is slated to replace a delegate, the next alternate, starting with #11 will step into the #5 alternate position.

To check out the National House of Delegate Toolkit, go to amtamassage.org and search for [HOD Toolkit](#). 2012 AMTA National Convention is in Raleigh, NC, and 2013 is in Dallas/Fort Worth TX. Looking forward to seeing you there!!!



AMTA Chapter Volunteer Code of Conduct Board Motion #0606:37

Allegiance and Diligence: While volunteering for my AMTA Chapter, I will conduct myself in a professional manner in all activities related to AMTA.

Duty of Leadership: I will promote, support, and follow the AMTA Mission and strategic plan, as they pertain to my Chapter.

- * make myself aware of AMTA policies pertaining to Chapter financial reporting obligations.
- * become familiar with the bylaws, policies, Chapter standing rules, and other documents pertaining to the operations of the AMTA.
- * devote the time necessary to stay current and to participate in Chapter board meetings and conference calls.

Duty of Obedience: I will ensure that my actions are within the scope of authority as it has been delegated to the Chapters. This requires:

- * Good faith, responsibility and diligence.
- * Notifying the National Chapter Relations Department, if I become aware of any activity that is outside the scope of authority that has been delegated to the chapter.

Duty of Loyalty: I will act in the interest of the entire membership and not allow my personal interests to prevail over the interests of AMTA or my Chapter.

Duty of Care: I will be diligent and prudent in managing the AMTA's affairs at the Chapter level.

Conflict of Interest: I will:

- * Act in the best interests of the AMTA Chapter in which I serve.
- * Be honest and **fully** disclose actual or perceived conflicts of interest that I have regarding any matters that come before the Chapter Board.
- * Follow the AMTA's Conflict of Interest policy.

To avoid conflict of interest with respect to my fiduciary responsibility, I will:

- * Not use my position(s) to obtain employment for myself, family members, and/or close associates.
- * Recuse myself from dialogue, deliberation, and vote, when the Chapter Board business deals with a conflict of interest that directly affects me.

I will not exercise individual authority over National AMTA or my Chapter except as explicitly set forth in the bylaws, policy, and or approved Standing Rules, including during interactions with the public, media, or other entities. I recognize the limitations set forth in policy and/or bylaws and will not speak on behalf of or for the Chapter Board except to repeat explicitly stated Chapter Board decisions.

Confidentiality: I will respect confidential information acquired in the course of my service as a Chapter volunteer except when authorized by the AMTA National or Chapter President, or when legally required to disclose such information.

- * I will treat as AMTA's intellectual property, all work that is generated as part of any AMTA sponsored project including, but not limited to, National or Chapter Board and committee work and deliberation.
- * I will only publicly comment on matters of fact that have been approved to be released.
- * I will not use confidential information for my personal and/or professional advantage.

General Application of the Code: I understand the National Board of Directors will regularly review the scope and implementation of the code of conduct to ensure that the code remains appropriate for AMTA Chapter volunteers.

Authority: I understand that any violation of this code of conduct may result in my removal from my volunteer position.

Return of AMTA Property: When requested, I will return National or Chapter AMTA property (information, tools or equipment) within 10 business days.

Statement of Commitment to the Code of Conduct

As a volunteer for the American Massage Therapy Association (AMTA), I have read and I understand the above stated code of conduct. I agree to abide by the AMTA Chapter Volunteer's Code of Conduct, Code of Ethics, and Standards of Practice.

First Name	<input type="text"/>	Last Name	<input type="text"/>	Member ID	<input type="text"/>
Email Address	<input type="text"/>	Chapter	<input type="text"/>	Position Title	<input type="text"/>
		Start Date	<input type="text"/>	End Date	<input type="text"/>



AMTA House of Delegates Code of Conduct

Allegiance and Diligence: While volunteering for my AMTA Chapter, I will conduct myself in a professional manner in all activities related to AMTA.

Duty of Leadership: I will promote, support, and follow the AMTA Mission and strategic plan, as they pertain to my position as a Delegate to the House of Delegates (HOD).

- * Make myself aware of AMTA policies pertaining to the HOD.
- * Become familiar with the bylaws, policies, Chapter standing rules, and other documents pertaining to the operations of the HOD.
- * Devote the time necessary to stay current and to participate in meetings as required by my position.

Duty of Obedience: I will ensure that my actions are within the scope of authority as it has been delegated to delegates. This requires:

- * Good faith, responsibility and diligence.
- * Notifying the National Chapter Relations Department, if I become aware of any activity or action taken by a Delegate to the House of Delegates, in the course of their duties, that is outside the scope of authority of the delegates.

Duty of Loyalty: I will act in the interest of the entire membership and not allow my personal interests to prevail over the interests of AMTA or my Chapter or the HOD.

Duty of Care: I will be diligent and prudent in managing the AMTA's affairs regarding the HOD.

Conflict of Interest: I will:

- * Act in the best interests of the AMTA Chapter in which I serve as a delegate.
- * Be honest and **fully** disclose actual or perceived conflicts of interest that I have regarding any matters that come before the HOD.
- * Follow the AMTA's Conflict of Interest policy.

To avoid conflict of interest with respect to my fiduciary responsibility, I will:

- * Not use my position(s) to obtain employment for myself, family members, and/or close associates.
- * Recuse myself from dialogue, deliberation, and vote, when the HOD business deals with a conflict of interest that directly affects me.

I will not exercise individual authority over National AMTA or my Chapter or the HOD except as explicitly set forth in the bylaws, policy, and or approved Standing Rules, including during interactions with the public, media, or other entities. I recognize the limitations set forth in policy and/or bylaws and will not speak on behalf of or for the HOD or Chapter Board except to repeat explicitly stated HOD or Chapter Board decisions.

Confidentiality: I will respect confidential information acquired in the course of my service as a delegate except when authorized by the HOD or AMTA National or Chapter President, or when legally required to disclose such information.

- * I will treat as AMTA's intellectual property, all work that is generated as part of any AMTA sponsored project including, but not limited to, HOD Business, National or Chapter Board and committee work and deliberation.
- * I will only publicly comment on matters of fact that have been approved to be released.
- * I will not use confidential information for my personal and/or professional advantage.

General Application of the Code: I understand the National Board of Directors will regularly review the scope and implementation of the code of conduct to ensure that the code remains appropriate for a Delegate to the House of Delegates.

Authority: I understand that any violation of this code of conduct may result in my removal from my volunteer position.

Return of AMTA Property: When requested, I will return HOD or National or Chapter AMTA property (information, tools or equipment) within 10 business days.

Statement of Commitment to the Code of Conduct: As a volunteer for the American Massage Therapy Association (AMTA), I have read and I understand the above stated Code of Conduct. I agree to abide by the AMTA HOD Delegate Code of Conduct, Code of Ethics, and Standards of Practice.

First Name	<input type="text"/>	Last Name	<input type="text"/>	Member ID	<input type="text"/>
Email Address	<input type="text"/>	Chapter	<input type="text"/>	Position Title	<input type="text"/>
		Start Date	<input type="text"/>	End Date	<input type="text"/>

Candidate Eligibility Form for AMTA Office/Delegate *(Note: You must be a professional member)*

Name _____ AMTA# _____

Address _____

City/State/Zip _____

Phone (home) _____ (business) _____

Email address _____ Date Joined AMTA? _____

In your estimation, what are the qualifications you have for the office you are seeking? *(You may provide a separate resume)*

Why do you want to serve in this position?

Academic and Professional Education

Professional, Community, Life Experience and AMTA Involvement (relevant to serving in an Association Leadership Position)

Your signature below indicates that the information provided in your Candidate Application is accurate and that permission is granted for the verification of that information.

Signature _____ Date: _____

RSVP

Please register in advance for the complimentary breakfast
at the annual meeting on Sunday April 22nd
at the Courtyard Marriott, Cromwell

RSVP by April 15th

Doors Open 9:30 am Buffet Breakfast Served: 10:00am-11:00 am

You **must** make a reservation for breakfast in
one of the following ways:

- 1) Go to : www.amtactchapter.org and sign up
- 2) Email JoAnn Parady directly at:
treasurer@amtactchapter.org
Subject line: AMTA Meeting
- 3) Complete the form below and mail it to:
JoAnn Parady, Treasurer
147 Leesville Road
Moodus, CT 06469



In order to have enough
food for all, we must give
the hotel a head count.
If you RSVP and cannot
attend, please let JoAnn
Parady know ASAP. People
who sign up and are a
**“NO SHOW” will be
charged \$15 for the meal
(as is our Chapter policy).**

Name: _____

AMTA Membership Number: _____

City/Town: _____

Phone Number: _____

Email: _____

treasurer's report

AMTA - Connecticut Chapter Projected Budget Report			
March 1, 2012 - February 28, 2013			
INCOME			
Description	Projected 11-12	Actual	Projected 12-13
Dues & Fees	\$ 92,400.00	\$ 85,263.96	\$ 82,656.00
Education Workshops	\$ 4,000.00	\$ 3,210.92	\$ 3,000.00
New England Conf.	\$ 3,500.00	\$ 2,858.60	\$ 2,500.00
Newsletter Ads	\$ 2,500.00	\$ 2,329.40	\$ 2,500.00
Exhibitors	\$ 350.00	\$ 390.00	\$ 350.00
Sportsmassage	\$ 150.00	\$ 605.00	\$ 250.00
Misc.	\$ 1,000.00	\$ 2,608.56	\$ 1,000.00
Interest		\$ 10,423.28	
TOTALS	\$ 103,900.00	\$ 107,689.72	\$ 92,256.00
EXPENSES			
	Projected 10 - 11	Actual	Projected 12-13
Pres. Fund	\$1,000.00	\$ 900.00	\$ 1,000.00
Convention	\$ 20,000.00	\$ 19,131.85	\$ 18,000.00
Education	\$ 6,500.00	\$ 6,084.65	\$ 6,500.00
Sportsmassage	\$ 4,500.00	\$ 10,747.19	\$ 5,000.00
Government Relations	\$ 20,000.00	\$ 18,110.60	\$ 19,000.00
Misc.	\$ 10,000.00	\$ 17,285.94	\$ 8,000.00
Communications	\$ 4,000.00	\$ 16,882.22	\$ 5,000.00
Newsletter Postage	\$ 9,000.00	\$ 4,237.76	\$ 5,000.00
Newsletter Printing	\$ 17,000.00	\$ 17,372.76	\$ 17,000.00
Membership Services	\$ 15,000.00	\$ 14,931.02	\$ 15,000.00
Officer's Expenses	\$ 500.00	\$ 786.98	\$ 500.00
Public Relations	\$ 5,000.00	\$ 3,142.85	\$ 5,000.00
Rent	\$ 3,375.00	\$ 4,225.00	\$ 4,000.00
New England Conf.	\$ 3,000.00	\$ 4,634.46	\$ 3,500.00
Insurance		\$ 645.46	
TOTALS	\$118,875.00	\$ 139,118.74	\$ 112,500.00
This projected budget report will be voted upon at the			
CT Chapter annual meeting on April 22, 2012 at the			
Courtyard Marriott, Cromwell, CT			
Respectfully submitted,			
JoAnn Parady			

AMTA Connecticut Chapter presents:
4 hours NCBTMB continuing education workshop
Intro to Thai for the Table
Instructor: Rick Haesche
Sunday, April 22, 2012- 2pm-6pm
Location:
Cromwell Courtyard at Marriott, Cromwell, CT
(After our meeting- no cost to members)

About the workshop:

This is an introductory course that will provide an overview of Traditional Thai Massage techniques for the massage table.

The first hour will be a lecture, covering the history of Thai massage, theory and spiritual aspects, indications and contraindications, and practitioner body mechanics. The instructor will demonstrate techniques for legs, back, neck and shoulders. Then participants will have the opportunity for guided practice.

What you'll learn:

- The history of Thai massage (founder's name, country of origin of Nuad Bo Rarn)
- 5 contraindications of Thai massage
- 10 Thai techniques on the massage table
- 3 aspects of body mechanics required to perform Thai Massage on a massage table

What to bring:

Massage table and linens. Neither oil nor lotion is used.

About the presenter:

Rick Haesche is a CCMT trained massage therapist, graduating in 1994. He received Thai Massage training in Chiang Mai, Thailand in 1997. He is a THAI registered practitioner, and an approved NCBTMB provider for CE's. Rick's practice is Bodymind Thai Massage, located in Newington. It is a learning center and clinic that specializes in Traditional Thai Massage and Thai Medicine.

Please note:

Class size is limited. Registration begins when the doors open for the Chapter meeting.

Please have your AMTA member number with you for class. It is required information for signing in and getting transcripts.

National Massage Therapy Awareness Week

National Massage Therapy Awareness Week (NMTAW) is a nationwide effort to educate and promote the benefits of massage within the community. NMTAW 2012 will take place October 21-27, 2011—Save the Date! It's never too early to planning how you will celebrate. There are many different ways to get involved, to network with other therapists, to promote your business, and to raise awareness for your profession.

In previous years AMTA CT chapter members have come together during NMTAW to participate in University Day—an effort to target higher education populations in promoting the benefits of massage. Also, members have planned their own community outreach events at banks, gyms, libraries, and town halls. NMTAW 2012 can be a big or small as YOU choose to make it!

“Chair massage on campus is an important avenue for educating young adults about the value of stress management. They flock to the event with open minds and eagerness to feel our support through touch. The campus hosts are very helpful and provide a delicious lunch. It is worth 2 hours of time away from the office to be in the company of these very appreciative young students. While they may not purchase massage while on a students' budget, they are going to remember us in the future. I think this is a really important outreach for CT AMTA, glad that it will continue and would love to see more therapists put some time into it.”

Evan Williams, University of Hartford Coordinator

“ECSU has included AMTA (NMTAW) in its annual health fair, which is open to students, staff, and the surrounding communities. It's a win-win situation; LMT's in the area have a chance to be visible and raise everyone's level of awareness about the potential benefits of massage. They also have the opportunity to meet new practitioners. Participants can experience chair or table massage or CranioSacral Therapy. They walk away with literature and a greater understanding of bodywork.”

Pat Shimchick, Eastern Connecticut State University Coordinator

If you would like to find out more information about NMTAW 2012 or would like to get involved log on the www.amtactchapter.org and check out the NMTAW page. We need YOUR NMTAW 2012 theme ideas!! We will vote on a theme at the April chapter meeting so please email your suggestions to Karen Jensen theblackant@hotmail.com.

~congratulations~

Announcing the CT Chapter's 2012 Perry Plouffe Memorial Scholarship Recipients

This year we saw another extraordinary response to the availability of our Perry Plouffe Scholarships to the New England Regional Conference. Thank you to all who applied. It is never an easy task for our Scholarship Committee to choose the winners.

After very careful consideration and thoughtful review of the applications, our scholarship committee members cast their ballot votes. I am pleased to announce the 2012 recipients of the Perry Plouffe Memorial New England Regional Conference Scholarship are **Patrick Connors** and **Judi Ohrt**.

Congratulations to both Patrick and Judi! Have an enjoyable and enriching experience at the 2012 New England Regional Conference.

sports massage team

West Hartford Women's Triathlon @ Saint Joseph's College



Blane & Matt's Class



Laura & Richard's Class



Red Shirts @ St Joes

Colchester 1/2 Marathon, Saturday, February 25, 2012

Well, the Colchester 1/2 Marathon went off without any problems again this year in spite of the severe weather forecast! Therapists got started working about 8:30am and ended around 12:30pm, with a steady line of runners most of that time.

When I started this event in 2010, just over 350 participants and in 2011 there were around 475. This year there were 24 therapists and a total of 684 runners. Our therapists did a GREAT job and I would like to thank all therapists for coming. We did an impressive 50 pre race and 100 post race massages.



The 2012 Colchester 1/2 Marathon has almost doubled in size since we started doing massage at this race and a lot has to do with all of our AMTA

CT Sports Team Massage Therapists and CCMT MT3 Students who volunteer!

Stephen Callis, Coordinator



2012 AMTA Connecticut Sports Massage Team Schedule

Updated 2/12 *Calendar Subject to Change Please Check Web for Updates!*

Sunday 9 – 1	April 1 st	Stratton Faxon Greater Danbury 1/2 Marathon and 5K http://www.jbsports.com/gdanhalf.htm	Questions: Richard Testa @ 860-302-9202 Register: Laura Stevenson-Flom Laurasf58@gmail.com
Saturday 9 - 2	May 19 th	Fidelco Walk-a-Thon Manchester Community College	Shirley Cooper 860-658-5810 No Email Please Jen DiDomizio Dido081@sbcglobal.net 203-465-0888
Sunday 12 – 6	June 3 rd	MS Tour for the Cure Griffin Center, Windsor	Linda Lane 203-237-4987 linlane@mailstation.com
Saturday & Sunday 10 – 3	June 9 th & 10 th	Special Olympics SCSU, New Haven	Shirley Cooper 860-658-5810 No Email Please
Sunday 8 – 1	June 24 th	Fairfield ½ Marathon Fairfield http://jbsports.com/ffhalf.htm	Kerry Methot kerrmet@att.net
Sunday 7:30-11:30 am	July 15 th	Petit Foundation 5K Race Plainville **RED SHIRTS ONLY Please**	Lee Stang lstang@bridgestohealth.net
Saturday 10am – 4pm	August 18 th	Steeple Chase Bike Tour Windham Hills, Willimantic	Karen Jensen theblackant@hotmail.com
Saturday TBA	September TBA	NASCAR World Series Event Lime Rock **Limited to 10 LMT's** Must be Pre Registered to gain entry	Jen DiDomizio Dido081@sbcglobal.net Brian Gordon Bsg_lmt@yahoo.com
Sunday 8:30-1	September 23 rd	Niantic Bay ½ Marathon Rocky Neck State Park, Niantic http://nianticbayhalfmarathon.com/ cms/index.php	Shannon Saunders shannonsgreat@gmail.com
Saturday 8-11:30 (limited #) **11-3 (Prime Time!)**	October 13 th	ING Hartford Marathon Bushnell Park, Hartford **Shuttle Bus Service Available**	Questions: Richard Testa @ 860-302-9202 Register: Laura Stevenson-Flom Laurasf58@gmail.com
Thursday 8-12	Nov. 24 th	Manchester Road Race Bennett School, Manchester	Shirley Cooper 860-658-5810 No Email Please

Please check website calendar http://amtactchapter.org/sports_calendar.htm for updates

Sports Massage Team Workshop

Thanks to the generosity of the CT AMTA Chapter and their commitment of giving back to the membership, 27 LMT's were able to participate in a two-day, 16 CEU, Sports Massage Team Certification Workshop at a discounted cost.

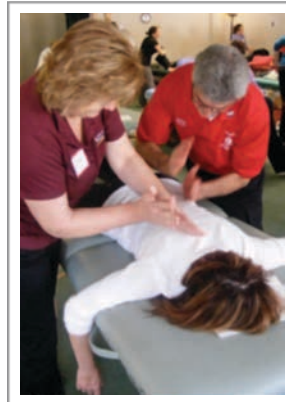
Originally scheduled for January 21st and 22nd, but thanks to a quick hitting snowstorm, in a winter where there hasn't been much snow at all, ended up being held on January 21st and January 29th. Instructors and Sports Team Directors Richard Testa and Laura Stevenson-Flom shared their expertise and experiences with the therapists gathered at the Newington Campus of Connecticut Center for Massage Therapy (we can't thank them enough for their generosity and flexibility working with us!). The men and women came from throughout the state, with a variety of backgrounds and training. Many had private practices, some worked in spas and others were fresh out of school. Many were CCMT graduates while others came from Branford Hall and several had trained out of state but the common denominator was that all were interested in the protocols, procedures and precision of working at a sporting event.



At the end of the two day event, friendships were made, networking accomplished, lots of fun was had and best of all... the CT Sports Massage Team have 25 well trained, energetic and enthusiastic, new Team Members! Each participant was required to work at either the Colchester ½ Marathon on February 26th or the Danbury ½ Marathon on April 1st for the hands-on proficiency portion of the class. Everyone did a super job!

Congratulations to:

Akiko Onari
Ana Ramos
Beth Horan
Carolyn Villar
Christina Papale
Cindy Strickland
Dianne Davis
Georgi Andrews
Holly Larsan
Jodi Roberti
Kathie Savage



Kim Blankenburg
Lori Spurvey
Marybeth Jordan
Patty Kinsbury
Ralph Pandolfe
Shirley Sykes
Susan Donnelly
Sylvie Oyomba
Tami Iannacito
Tom Cushman
Vega Militariu
William Gonzalez



We send out a special thanks to our classroom assistants: Bridget Brosnahan and Maryla Radziszewski. We couldn't have done it without you!



Sports Massage Team Bowling Party

Last year, the Sports Massage Team Bowling Party was such a “Ball” we did it again on Sunday, February 26th to celebrate the 2011 Season!

Thanks to the 60 Red Shirts, LMT's, CCMT MT3 Students and friends and family who attended the Celebration at Bowl-O-Rama in Newington, there was loads of laughs and tons of fun. We had awards for **Team Name: The Fling Phalanges** <right> (Patty, Bill, Paula, David and Kristina),



Best Team Shirt/Outfit: Lee's Lucky Strikes <left> (Kerry, Shannon, Karen, Kenny & Shaun), **High Score: (Brian & Jeff)** and **Low Score: (Scott & Kevin)**. Congrats to All!

Thanks to our Bowling Committee consisting of Kerry, Shannon, Elliott and Deb we transformed the Bowling Alley into a fun Fiesta with brightly colored balloons and personal

Appetizer Bags containing a water bottle, chips, pretzels, candy and other goodies.

Team Members were treated to a fabulous gourmet buffet dinner provided by Matthews Catering of Plainfield. The menu included Gourmet Salad Bar Station with 3 selections of fresh cut greens. Toppings included grilled garlic-herb chicken breast, marinated grilled baby shrimp accompanied with sliced cucumbers, sweet grape tomatoes, sliced mushrooms, black olives, shredded carrots, chopped hard boiled eggs, crisp bacon bits, crispy Asian noodles, dried cranberries, candied walnuts, garlic focaccia croutons, shaved Parmesan Cheese or crumbled Gorgonzola cheese served with Creamy Caesar, buttermilk ranch, Light Italian, Balsamic vinaigrette and Raspberry vinaigrette. There was a Mexican Fiesta Bar with traditional Taco beef, Tequila-lime marinated grilled chicken and chipotle pulled BBQ pork accompanied with soft flour tortillas and hard shell corn taco shells, shredded lettuce, shredded cheddar, diced tomatoes, sautéed sweet pepper and onions, sour cream, traditional salsa and guacamole, Refried beans with cheese, salsa, rice and black beans and an Upscale Baked Potato Bar complete with Oven-baked Russet potatoes coated with olive oil, kosher salt and cracked black pepper/ jumbo oven-baked Sweet Potatoes. Toppings included whipped butter, sour cream, chopped green onions, shredded cheddar cheese, crumbled, crumbled bacon, Vegetarian style chili, brown sugar, warm caramel sauce and mini marshmallows. No one went away from this party hungry!



Because of the unique venue we did not do our Annual Awards and new Red Shirt presentation. We are excited to be doing that at the Annual Chapter Meeting on Sunday, April 22nd.

We sure had a “Ball” bowling and are looking forward to another fun-filled and productive Sports Team Season. Please check out the Team's Schedule on the website and make plans to “Lend Us Your Hands” at a few of our upcoming events!

~Richard & Laura~, Co-Directors

SOME OF OUR TEAMS

Scottie's Hotties



Scott, Steve, Al, Bryan & Seth

Guys & Dolls With Balls



Michelle, Susan, Kevin, Michelle & Johnny

Reading Between the Lanes



Jodi, Shelly, Linda, Jenn & Rich

Pin Heads



Cindy, Susie, Jeff, Staci & Susan

Los Bandito's



Richard, Deborah, Laura, Elliott & Marilyn

X-Factors



Jennifer, Rocky, Brian, Lori, Andrea

Spare Me



Dan, Alice, Sue, Shaun & Vilis

3 Strange Musketeers



Mary, Maryla, Klaudia & Carol

community service message team

UPDATE: 2012 is off to an awesome start for the community service team. The Emergency Division has finished up a busy year of responses and drills and the Charity Division has identified and secured a new and exciting charity with which to work. Below are the highlights of the previous year and what to look forward to this coming season. So get your calendars out!

Training: the latest training held in December of last year saw more the 45 new members join our ranks. With that an additional 23 became Team Leaders. Now it is time for all those new members to 'earn those Blue shirts' by signing up for and participating in events over this coming season. And of course we need those seasoned veterans to help lead the way!

Holiday Toy Drive found many of our members playing the elf! We gathered toys for the Mill Foundation a non-profit organization that provides toys to youngsters hospitalized over the holidays. We LOADED Lee's van and she and Deb VanOhlen crossed the state from Moodus to Stamford and Windsor to Clinton! People had a great time and expressed interest in getting involved with this next year. We may need two vans!

Emergency Division: as most of you know the Emergency Division had a busy 2011. Participation in Red Cross Shelter drills, responding to two disasters; Springfield Tornado and CT Hurricane; kept our members active. Our Team Leaders and Trainers traveled to Missouri to train the MO Chapters' initial response team to the Joplin Tornadoes. Through our efforts they were able to successfully respond to a devastating disaster with the gift of compassionate touch and much needed stress relief.

We continue to be actively involved in VOAD; Volunteer Organizations Active in Disasters; and continue to work with the Red Cross in ultimately sign a memorandum of understanding. This will make our response with that organization much more efficient.

If you have questions regarding the Emergency Division contact **Lee Stang** at lstangbth@aol.com



Channel Three Country Camp: We have taken on a new charity for the 2012 season. We will be working with the Channel 3 Country Camp. After listening to what some of members were saying about different charities, it was decided that we needed to look for a charity that would meet more of our needs. Members were looking for a charity that had diverse events as well as events in different areas of state. Channel Three Country Camp fits the bill!



The Dental Mission of Mercy, Motorcycle Benefit Ride, Car Show and NBC Health and Wellness Fair are all events that will allow us to promote the benefits of massage while raising monies for a great Charity. See below for Dates and information about getting involved. We will be looking for our Team Leaders (especially those new ones!) to step up to coordinate the Motorcycle Ride, Car Show and NBC Health Fair. The NBC Health Fair is typically a joint event with our Sports Massage Team so we will be looking for some of those Sports Team members as well. Check out the schedule below and contact **Sue Barrett at Sbarrett_1965@yahoo.com to confirm your involvement.**

It will be another **awesome year** for our award winning Community Service Team. There will be many a Blue Shirts earned. You will want to say **“COUNT ME IN”** on this fun and exciting Team. Don't wait, get these events on your schedule now. **Contact Sue Barrett** to express interest and to be kept abreast of all the details as they become available.

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Government Relations Update Already a busy season.

Flushing Update: As you know we have a major issue concerning an unusual number of individuals from Flushing NY applying for and receiving or are pending receipt of CT Massage Therapist license. This is of major concern to our organization and profession because there have been questions raised as to the qualifications of many of these individuals and the validity of both their education and test taking abilities. Throughout the US there have been instances of fraudulent documentation of education as well as discrepancies in test taking. We are concerned that there is much more going on here than noticeable at first glance and have taken our concerns to our Government, the Health Department and local Representatives as well as NCBTMB. The following is a summary of our efforts. Please note that the time may come for our members, **YOU**, to act and get involved. Stay tuned to see what form we need that participation to take.

A Team of representatives from the CT Chapter of the AMTA have met or will be meeting with the following individuals. Our representatives at these various meetings have included: Scott Raymond, President, Jodi Wolf, 1st VP, Lee Stang, IPP, Lisa Torre, LOT Chair, Shirley Cooper, member, Judy Yost, Lobbyist. Also at some of these meetings were Representative Linda Orange and Representative Jack Hennessy, both strong supporters of the Massage profession and the AMTA.

Meeting with Commissioner of Public Health, Dr. Jewel Mullen: discussed at length the issue of licensing and Flushing NY. Found many issues that are of concern to us, primarily that the State DPH does not have a list of approved schools that they work from in terms of checking on the accreditation of schools people graduate from per our statute. They also do not work with NCBTMB to ensure that the individual taking the test is the individual applying for the license. The DPH told us they would look into this issue.

The DPH also recommended to us that we also meet with the Dept. of Education and the Attorney Generals' office on concerns about the accreditation issue of some schools that people are graduates of and the possible issue of trafficking.



Meeting with Attorney General, George Jepson:

This was the first meeting of our Chapter Representatives with the Attorney General. Of primary discussion was the issue of how the DPH issues licenses and the Flushing NY concern. In summary the Attorney Generals' office is going to look into the process DPH uses to ensure that people that receive CT MT licenses are indeed qualified to do so.

Attorney General Jepson was quite concerned about the possible human trafficking issue and strongly recommended that we schedule a meeting with the US Chief State Attorney to discuss this issue.

Pending meeting with United States Chief States Attorney: We are in the process of establishing a meeting with the US Attorney. Our Lobbyist Judy Yost has been instrumental in securing meeting times for us and is currently working on this.

Meeting with Representative Audin Grogins from Bridgeport: Now while all this has been happening our Lobbyist has been diligently monitoring the happenings in the legislature. She found a Representative that was proposing another bill relating to Massage Therapy. Initially it appeared that bill was another attempt to regulate massage by requiring some sort of state license to operate a massage establishment. Judy arranged a very quick

meeting with us and Representative Grogins, the bill sponsor. Also in attendance were Representatives Linda Orange and Jack Hennessy.

What this meeting made clear to us is that no matter how much we believe that we have educated Legislatures on our issues and even on the current statutes they are often unaware unless one of their constituents has raised a concern with them on a related issue. Representative Grogins currently has constituents that are concerned with the number of 'Massage Parlors' that have opened in the Bridgeport area. She was, however, unaware of the details of our current statutes. She was concerned that the current law does not have enough 'meet' to it to be truly enforceable at the local level. She also was very willing to listen and be educated by us while at the same time was adamant that she wanted to put a bill forward.

The meeting was collaboration. Initially it would place an additional financial burden on the Massage Profession by having a fee associated with another license of sort for the establishment. We informed her that we could not support legislation that increased fees for legitimate Massage Therapists in any way. With our collaboration she changed the focus of the bill. This focus will be three fold as we currently understand it: 1) Add Shiatsu, Acupressure, at Thai bodywork to the marketing/advertising piece of our current law. This way those unlicensed individuals cannot get around the law by advertising their massage as one of these modalities; 2) directing the DPH to compare the picture of the person that takes the national exam with the person that applies for the license. They can request exam photos from NCBTMB; 3) hold the business owner responsible for the hiring of unlicensed staff to do massage. Currently it is only the therapist that falls under the statute and thus is the one that can be fined or charged with a class C misdemeanor. The owner goes unscathed. This will change that.

We currently await the language of this Bill before we can fully support it. We have some reservations surrounding it so need the language to ensure it will be helpful to our profession and members. As this article is being written Scott Raymond and Lee Stang are reviewing the bill proposal and heading back to the capitol to meet with Representative Grogins regarding it.

NCBTMB: Finally we will be scheduling a meeting with NCBTMB representatives regarding the issue in Flushing. We must look at how so many people from questionable schools have been able to sit for the National Exam and to see what if anything can be done to strengthen procedures around this. In our dealings to date with NCB they have been quite concerned about this issue and receptive to meeting with us. It is only a matter of time before this happens.



Legislative Awareness Day: This year the date is April 11. With all that is going on it is **IMPERATIVE** that we have a good turnout at the Capitol. We are working to have Project Rescue with us to display the harmful ramifications of human trafficking and will also display the issues we currently face as well as information regarding any legislation we are supporting. It is important for us to arrive in force and be prepared to communicate our concerns to the legislature. Many people have signed up to help with this at the chapter meeting. You can also contact Lee Stang at impastpresident@amtactchapter.org to sign up. There will be two shifts: 9-1 and 1-5 (both with arrival 15-30 minutes prior). **Again the date is April 11 in the Hall of Flags at the Capitol building.**

So it has been a busy time for Government Relations. It is important for our members to keep a lookout for eblasts calling for action. So be prepared. Find out who the Representatives and Senators are in your area, we will need your assistance in contacting them. It is obvious that if they do not hear from their constituents they will not be as informed about our issues as we need them to be. So get ready for action!

Welcome New Members!

Hampden, MA

Lisa Allyn

Tolland County

Amy Briscoe
Paul Collazo
Lori Starr
Leah Stygar
Kristen Thompson

Windham County

Jessica Parenteau
Hannah Petrarca
Caitlin Suter
Kathleen Thayer
Kimperly Thompson
Gale Williams
Andrew Woods

Providence, RI

Marie Cappuccio

Hartford County

Linda Baker
Samantha Bishop
Cristina Costa
Natalie Dark
Susan Donnelly
Tara Frankum
Lydia Javillonar
Kayla Jenkins
Kelli Kirk
Roxann Licke

Dorothy Mannings
Teresita Marquez
Michelle Martinelli
Mandy Paquette
Evan Piasecki
Marisol Rivera
Renato Silva
Rebecca Szewczul
Marjorie VanDusen

Middlesex County

Lawrence Joyner

New London County

Emily Lerner

Fairfield County

Laura Canestrini
Doris DuBail
Shana Epstein
Helen Klosson
Archana Kulkarni
Jillian Mulkern
Dean Reilly
Marni Spain
Scott Farrington-Posner
Franci Zambrano

New Haven County

Laura Ahern
Joseph Bentivoglio
Melissa Clark
Garrett Gaudio
Michelle LaBrake
Vera Levis
Rita Lombardi
Michelle McFarland

Katie Morissette
Rosangela Quesada
Bryan Salamites
Dawn Stamp
Jacqueline Tatro
Andrew Vasquez

Congratulations to our Milestone Members

How long do you think you'll be a massage therapist? With the figures out there showing how short some therapist's careers are, you may be surprised to learn that we have members who have been working for over 15 years. Some have even hit 30 years! We'd like to recognize those members who have achieved the amazing accomplishment of working for 15, 20, 25, and 30 years.



Jayne Allen	Ana Linn
Brooke Becker	Jaime Lopsher
Joan Bernard	Juke Nawa
Caroline Bozzi-Harrison	Laurie Noll
Crystal Brown	Cynthia Quintana
Deborah Carter	Wendy Rapuano
Elizabeth Chaves	Kathleen Sistare
Sandra Dawczyk	Mary Stears
Susan Del Buono	Sandra Triantafillos
Barbara Goldbeck	Deborah Van Ohlen
Gail Greika	Gail Weed
Maggie Jackson	Cathleen Williamson
Zoe Keathley	Scott Yelin
Lynne Keyser	Alan Zankel
Lenka Kolenciak	Robert Zipkin



Lorry Brackett
 Raymond DuBois
 Jeffrey Garden
 Ann Gruenberg
 Virginia Hofrichter
 Bonita Weisman



Diane Arzinger DiReinzo
 Stacey Bobbitt
 Kyle Carso
 Vicki Foxx
 Kerry Methot
 James Miccio
 Fran Ray
 Elizabeth Tilly



Linda Derick
 Karen Emerick
 Susan Klaus
 Will Parks
 Wendy Payton

(Yes, there are many who are in in-between years. We'll recognize everyone as they hit the major milestones. If you think your name is missing, contact National AMTA. They provide the data that lists your years of service.)

2011 marked another very successful calendar year for the American Massage Therapy Association® (AMTA®) as it worked to fulfill its mission of serving its members while advancing the massage therapy profession. The association provided new and enhanced benefits to its members, introduced a mentoring program to foster success for its newest members and brought information about massage therapy to tens of millions of Americans.

Here are some of AMTA's top stories of 2011:

[AMTA Releases Annual Research on Massage Therapy Profession](#)

The American Massage Therapy Association fourth annual summary research on the state of the massage therapy profession indicated both the impact of the poor economy on massage in the past three years and how massage therapists have adjusted their practices. Released at the AMTA Schools Summit, the full report is a member benefit for AMTA's Schools Members. Highlights of the research were released as a fact sheet for AMTA members, others in the profession and the public, to provide incites into what is happening in the massage therapy profession. It provides a strong resource for massage therapists and massage therapy schools for their marketing plans. And, it is used heavily by journalists who cover health and wellness issues, and those who watch trends in business. [Members, download your free copy of the AMTA 2011 Massage Profession Research Report.](#)

[AMTA Launches Fascial Therapy CE Program](#)

AMTA launched a fascial therapy continuing education program designed to keep massage therapists current in the profession and to advance their knowledge and skills. This in-depth, two-part program outlines fundamental information on the numerous techniques related to fascial therapy and is designed as a learning tool for massage therapists. The first face-to-face workshop was held at the AMTA National Convention in Portland.

[New AMTA Mentoring Program Gaining Momentum](#)

On January 25, AMTA formally launched its new mentoring program to improve communications skills, goal-setting and success planning for AMTA members just entering the massage therapy profession. By March, nearly 300 AMTA members had volunteered their time and expertise to serve as mentors in the program. By January 1, 2012 the number of confirmed mentoring

relationships exceeded 170 and the number of volunteers surpassed 400.

The mentoring relationship fosters the development of both participants. Mentors develop their leadership skills, expand their professional networks and give back to the profession. Mentees learn from those with more experience, to help build their careers.

[AMTA First to Offer Members Square Credit Card Reader](#)

In May, [AMTA announced](#) that it was the first massage therapy organization to offer a free mobile credit card reader designed by Square. The card reader plugs into a smart cell phone or iPad and allows massage therapists to accept credit card payments from any location where they have a cell phone signal. AMTA's relationship with Square provides additional product support to AMTA members. In 2011, more than 2,500 AMTA members used the Square reader in their practices.

[AMTA Communications Recognized for Excellence](#)

AMTA was recognized in May by Association Media & Publishing (AM&P) for the excellence of its social media strategy and the Career Guidance area of its website. The association's social media innovation, especially its approach as a nonprofit association to use of Facebook, was awarded a Gold EXCEL Award, while its website Career Guidance section received a Silver Award. As of January 1, 2012 AMTA's Facebook page has more than 17,000 followers.

[AMTA Elects National Board of Directors](#)

The American Massage Therapy Association® (AMTA®) announces the results of its 2011 national election, conducted electronically among its Professional members. Winona Bontrager of Pennsylvania was voted President-Elect. She will serve in that position from March 1, 2012 through February 28, 2013 when she will assume the position of President. On March 1, 2012 current President-Elect, Cynthia Ribeiro of California, will become AMTA President.

Rachel Mann (NC) and Jeff Smoot (OK) were elected as Vice Presidents and will serve two-year terms beginning March 1, 2012. Three Members-at-Large of the Board also were elected: John William Kelley (TX), Dolly Wallace (MI) and Richard Wedegartner (MA).

AMTA offers new affinity programs

AMTA wants to help you build, grow, and manage your practice, so we are excited to offer you two new AMTA affinity programs - Massage Office Professional V2 and iContact.

Massage Office Professional V2 - Manage your client database with less effort and more confidence

Massage Office Professional V2 is the only practice management software designed specifically for massage therapists by a massage therapist. Massage Office Professional V2 includes:

- Intuitive features for easy navigation
- Unlimited client records
- SOAP notes
- On-Screen Appointment Scheduler
- Custom Report Generator
- Marketing tools
- And more!



[SAVE 15% and get free shipping on Massage Office Professional V2](#)

iContact - Strengthen your client relationships thru email campaigns and social media

iContact is an email list management service that allows you to easily create, send and track email campaigns to all your clients. Additionally, you can integrate iContact with your Facebook page and other social networks to maximize contact with your clients. With iContact you get:

- Create email messages with easy to use click and drop tools
- Hundreds of email templates to help make your email pop
- Messages that go directly to your clients' inbox
- Track opens, clicks and unsubscribes
- Award-winning customer service, including phone support
- And more!



[Try iContact FREE for 30 days](#)

PS Be sure to visit [AMTA's Career Guidance section](#) for FREE resources to build your practice.

The Client List

AMTA has discussed the concerns of massage therapists about the upcoming TV series, *The Client List*, with the Senior Vice President of Communications for the A&E Networks. AMTA was assured that they have no intention of offending massage therapists. The association will monitor the series and communicate directly to their top executives if there are more concerns when the series is aired.

We feel they understand our concerns and have provided us with the following statement:

"We appreciate your feedback concerning the new Lifetime Television series entitled, ***The Client List***. For many years, Lifetime television has explored the complexity of women's lives and their stories through fiction and non-fiction movies, series and programs. *The Client List* is a fictionalized story about the experiences of a single mother as she unexpectedly faces dire economic circumstances. The series also features a broad range of characters with alternative points of view who make different choices. ***The Client List*** is not intended to depict any specific spa or massage entity, nor in any way demean or disparage the therapeutic massage profession and its benefits and contributions to the health and wellness industry."

How to Report Unethical Behavior and Illegal Practices

The question often comes up about policing our own profession if a therapist or establishment is practicing inappropriately. Members want to know what recourse we have with the state and what they will do if contacted.

Begin the process by calling the CT Department of Public Health (DPH): (860) 509-7552. They will send you a form to fill out, which needs to be notarized by a notary public before you send it back.

You will need the following information: Practitioner's name; the name of the business where they are practicing; and the business address and phone number. Also, your name, address, and phone number where the DPH can contact you.

Write your specific concerns as 1. 2. 3.etc. and then specify your complaint with only as much detail as necessary to give them a solid background so they can make a sound decision.

After attaching any documentation you have to support the complaint, you want to check to make sure that everything is legible, clearly written and notarized. It is a good idea to make a copy of everything for your files before sending it to:

*CT Dept. of Public Health
ATTN: Investigation Unit
410 Capitol Avenue
Hartford, CT 06106*

The department looks over the complaint and decides whether or not to go forward with disciplinary action. If so, it goes to the legal department for further action. The next step is a hearing for a decision.

In the past there have been cases where therapists have had their licenses revoked, had to practice under supervision, and/or received recommendations for counseling. It is in the best interest of our profession to follow through with the process when we know of practices that could be damaging to our reputation.

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Rothcoach@aol.com

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30 - 40 minute Thai Massage Session for the price of your donation! 50% of proceeds are sent to support **The Polaris Project** in their fight against Human Trafficking and Slavery. Donations average \$25. Open Mat is from 3:00 - 7:00 on April 16, May 21, & June 18.

For information please contact Rick at:
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www.bodymindthai.com 860.913.7500

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Eastern Approaches to Ethics

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April 25 & May 2: 6:15 PM - 9:30 PM

Tuition: \$125 - NCBTMB CE HRS: 6

Thai Massage Level I Certification

Entry Level Course taught in the tradition of our Northern Thailand Teachers. Open to all.

Two weekends: May 19 & 20, June 2 & 3

Tuition: \$675 - NCBTMB CE HRS: 32

Thai Massage Level II Certification

Enhance your Thai Massage practice with Sidelying & Visceral Massage. Prerequisite: Level I Training and Massage Therapy License (where required).

Saturday and Sunday, May 5 & 6

Tuition: \$275 - NCBTMB CE HRS: 14

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ME: Portland	Sep 20-23
NJ: New Jersey Shore	Nov 1-4

SomatoEmotional Release 1 (SER1)

NY: New York	Oct 18-21
MA: Boston	Dec 6-9

SomatoEmotional Release 2 (SER2)

CT: Hartford	Sep 6-9
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CranioSacral Therapy for Pediatrics 2 (CSP2)

MA: Boston	Aug 23-26
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CranioSacral for Conception, Pregnancy and Birthing 1 (CCPB1)

MA: Boston	Dec 6-9
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- ❖ Jun 8-10 ~ Waldoboro, ME
- ❖ Sep 7-9 ~ Burlington, VT
- ❖ Sep 14-16 ~ Pawtucket, RI

Shoulders TX, 8 CEs

- ❖ Apr 16 ~ Greenfield, NH
- ❖ Sep 10 ~ Burlington, VT
- ❖ Dec 9 ~ Danbury, CT

Hands & Feet TX, 8 CEs

- ❖ April 19 ~ Clinton, CT
- ❖ Sep 13 ~ Pawtucket, RI
- ❖ Dec 8 ~ Danbury, CT

Anytime/Anywhere: Chair & Floor work, 8CEs

- ❖ Jun 1 ~ Hoboken, NJ
- ❖ Jun 11 ~Waldoboro, ME
- ❖ Dec 7 ~ Danbury, CT

Instructor: Barbara Helynn Heard, LMP barbaraheard@msn.com 206 323-5871

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Center for Healing Therapies, LLC is approved by the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) as a continuing education Approved Provider. Provider Number 451799-11

A refund is offered if you need to cancel the class. You can do so up to one week before with a \$20 fee applied. No show/No refund.

Ethics in the Round: "Your Gut Check"

Presented by Nileen Drzewianowski, LMT

We are busy... we are in the groove, like a well oiled machine we just keep going, never stopping to assess where we are with our clients, our lives or our businesses. **The Gut Check** requires reflection and time. This class will give you the opportunity to reflect and re-evaluate your core values and principles as a professional massage therapist.

Sun, 5/6/12: 10am-4:30pm, Sat, 9/8/12: 9:00am-3:30pm

Certificate of Attendance for 6 CE hours of Ethics will be provided.

This includes 2 hours of NCBTMB Standard V requirement.

Cost: \$85

Introduction to Hot Stone Massage

Presented by Johanna Gierhart-Straub, LMT

Ever wonder about the 'how to' of hot stones? Now you can discover the ease with which you can incorporate Hot Stone into your massage. In a 6 hour introductory class you will learn the indications and contraindications of hot stone massage, the set up and care of your stones, choose your own set of 13 stones and begin to become acquainted with using hot stones in your practice. Items to bring: table, linens, hand towels, lotion/oil (optional).

Sat, 10/13/12: 10am-5:30pm

Certificate of Attendance for 7 CE hours will be provided.

Cost: \$180 (maximum class size of 20)

Postpartum Doula Training – Presented by Jacqueline Kelleher, PCD (DONA) CD (DONA), CLC

A three day class. As a certified postpartum doula, you gain a respected credential. DONA International certification means that you have met a high international standard, ensuring mothers and families that you will adhere to the highest standards of conduct and ethics. As a certified postpartum doula, you will be prepared to offer the families you serve evidence-based information and support on infant feeding, emotional and physical recovery from childbirth, infant soothing and coping skills for new parents. Your certification shows families that you are prepared to help them successfully transition into a new family dynamic.

Fri, 6/29/12, Sat, 6/30/12 and Sun, 7/1/12, 8:00am-6:00 pm

Certificate of Attendance for 27 CE hours will be provided.

Cost: \$400 (30 day advanced registration discount \$375)

Inner Sanctuary Training

Presented by Amy Martin, APRN, RhD

This is a **two day class**. This is a powerful imagery technique for daily use. You will learn to create a place of peace within your consciousness where you will feel restored and enlightened!

If you've always thought Meditation was too difficult, and you are seeking a way to consistently calm and center yourself, this class will give you the tools you need.

Fri, 3/30/12: 6:00pm-9:00pm and Sat, 3/31/12: 10:00am-3:00pm

Fri, 6/8/12: 6:00pm-9:00pm and Sat, 6/9/12: 10:00am-3:00pm

Certificate of Attendance for 8 CE hours

will be provided.

Cost: \$200 (includes book)

It's All About Energy

Presented by Amy Martin APRN, RhD and Nileen Drzewianowski LMT

This is a **two week, eight hour** interactive experiential workshop. Come and learn what you've always wondered about, regarding the mysteries of ENERGY. Hands on experience will have you understanding the reality of energy's impact on you, as well as your energy's effect on others. Learn how to read energy, understand it, protect yourself from toxic energy, use healing energy for yourself and others, raise your energy, calm it and see it for the gift that it is.

Sat, 5/12/12: 9:00am-1:00 pm and Sat, 5/19/12: 9:00am-1:00 pm

Certificate of Attendance for 8 CE hours will be provided. Cost: \$160

Traditional Thai Massage

Presented by Rob Martin, LMT, BCSI

(NCBTMB Provider #451372-10)

This 4 day training will cover history and philosophy of Thai massage, proper ergonomics for the therapist, wai khru, sen lines, supine, prone, and seated positions.

Fri 5/11/12, Sun 5/13/12, Fri 5/18/12 and Sun 5/20/12, 8:30am-5:30pm all days

Fri 10/5/12, Sun 10/7/12, Fri 10/12/12 and Sun 10/14/12, 8:30am-5:30pm all days

Certificate of Attendance for 32 CE hours will be provided.

Cost: \$600

Additional Offerings: Monthly Woman's Healing Circle, Drumming Circles, Emotional Freedom Technique and much more. www.time4healing.com



Quantum-Touch Level 1 Workshops & Access Bars Classes

With Maureen Stott, LMT, Certified QT Instructor and Bars Facilitator

QUANTUM-TOUCH LEVEL 1 WORKSHOP

April 14th and April 15th or June 9th and June 10th

at the Therapeutic Massage Center of Vernon - Vernon, CT

Save \$50.00 - \$295.00 if payment is received 21 days before the workshop.

If received closer to the workshop, the cost is \$345.00. Registration is complete upon receipt of the check. You can receive 13 NCBTMB - approved CEhours.

TO REGISTER: Email: TMCV@comcast.net or Phone: 860-872-3172.

NEW ACCESS BARS CLASSES

What are Bars? They are 32 bars of energy that run through and around your head. They store the electrical charge of all thoughts, ideas, attitudes, decisions, and beliefs that you have ever had or decided were important about anything, which have limited your capacity to have something different show up in your life with ease.

Some of what you will learn in this one-day class:

- ✓ The 32 Bar points and the area of life associated with each of them
- ✓ The power of being in a question
- ✓ The "Clearing Statement" that is used to bring up energies and clear them
- ✓ How to empower yourself and others to live a life of ease, joy and glory
- ✓ How to open yourself and other to receiving

You can receive 8 NCBTMB - approved CEhours

Where? Venue TBD in the Vernon, CT area

When? Sunday, April 29 or May 20 or June 24 - 9:30am - 6:00pm

Cost? \$200/\$100 to repeat

How to Register? Go to www.bars.accessconsciousness.com and click on Classes. Click on "Find a Class" and "Access Bars" and "Maureen Stott."

For more information about Quantum-Touch or Bars classes, and dates of future workshops, visit the "Workshops" tab at www.TMCV-Office.com or email TMCV@comcast.net

Empowering people to know that they know

Access is set of tools, techniques and philosophies that allow you to create dynamic change in every area of your life, with your body and with you. There is nothing like it anywhere. It is the weirdest, funniest way you'll ever find to enable you to embrace a place of infinite possibilities that reside within each of us.

The target of Access is to empower YOU that you already know everything, including how to shift anything in your life or body that does not work for you. It is through you becoming more conscious of what choices and possibility you have available, that allows you to choose and generate everything you desire in life - greater than what you currently have, and more than what you can imagine.

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For More Info Call Christine 845-825-2361

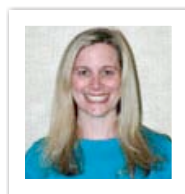
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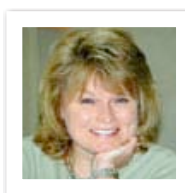
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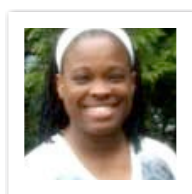
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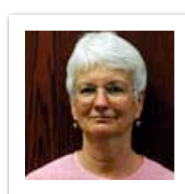
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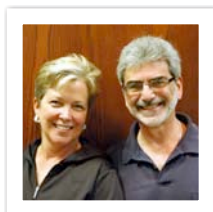
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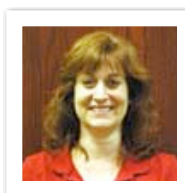
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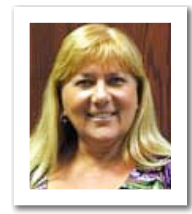
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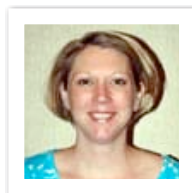
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newsletter information

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Type	Approx. Size	CT AMTA Member	Non-Member
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Half page	6¼" W x 4¾" H	\$75.00	\$100.00
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Send your submissions for the newsletter (articles, ads, letters to the editor) to Marilyn Waters at

newsletter@amtactchapter.org

2012 Deadlines

<u>Due to Editor</u>	<u>Delivery Date</u>
May 18, 2012	June 18, 2012
August 28, 2012	Sept. 28, 2012

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**must RSVP-see page 7 for details*